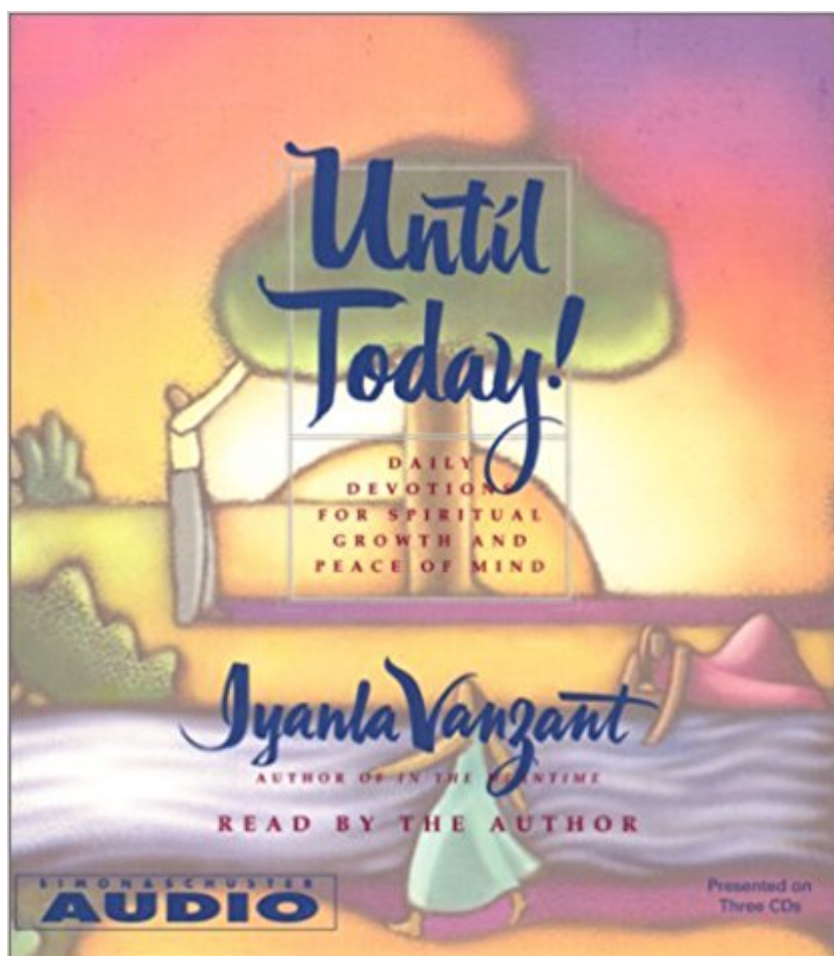


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# Until Today!: Devotions For Spiritual Growth And Peace Of Mind



## Synopsis

Beloved: If there are situations, circumstances, or perhaps relationships in your life that you have been struggling to overcome, trying to work through, or doing your best to work around, throw your head back and declare to the universe, "Until Today!" Whatever has been going on in your mind, your life, or your heart can stop -- right now, if that is truly what you desire. However, you must be willing to "do a new thing." You must spend a little time, each day, in devotion to the truth about yourself and the truth about life. You must make a conscious approach to what you think and how you feel about what you do. Devotion will clear up misconceptions that may have obscured your vision of life until today! I can hardly wait to see the good, the joy, and the peace that we can create. I am so grateful to be in support of and of service to you as you undertake this journey. Because I know that "where two or more are gathered" the Spirit of good is present, I believe that the things upon which we focus our hearts and minds will reap bountiful results. So, here's to your personal strength and your peace of mind, through the elimination of all things that hindered or denied our collective power and greatness -- Until Today! Be Blessed! Iyanla

## Book Information

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## Customer Reviews

This book of 365 daily devotionals supports the time-honored adage, "Why put off until tomorrow what you can do today?" The charismatic spiritual leader Iyanla Vanzant knows how easy it is to stay stuck in "old sentiments, resentments, beliefs, decisions, agreements, judgments, and ideas that may have become habitual." Through these devotions Vanzant hopes to show readers that the

easiest way to create change is to simply shift your attitude--today. "We often work so hard to get the things we want that we miss the fact that it is the landscape of the inner world that stands between us and true happiness." In the closing paragraph of each one-page devotional Vanzant names an old way of thinking and offers readers a new attitude to try on "just for today." For example, Vanzant writes, "Until today, you may have believed that you had to stay in the painful hole of hurt caused by the loss of a loved one. Just for today, make a conscious effort and choice to cover the hole and move on." Some might consider these devotions a fancy term for affirmations. Vanzant scoffs at the notion. Time spent in devotion is not a "New Age trick through which you can impose your will on God, the universe, or those around you," she writes. "Devotion is the reverent, personal act of surrendering your will to the Divine will." --Gail Hudson --This text refers to the Paperback edition.

More inspiration from Vanzant. Copyright 1999 Reed Business Information, Inc. --This text refers to the Paperback edition.

I was just browsing to see if Iyanla has written anything more current and I thought, "I should write a review for this book". I've owned a few copies of it over the years and it has always lived on my dining room table. I read from it almost every morning, of every year. I've owned many daily meditation books but this one is and will most likely always be my favorite. It's given me comfort, hope and so much to reflect upon.

THIS BOOK IS MY BIBLE. WELL I READ THAT TOO, BUT THIS MEETS ME EXACTLY WHERE I AM AT. I'VE HAD IT OVER 10 YRS AND HAVE READ ALL HER BOOKS! I CAN'T TELL YOU HOW MANY TIMES IT HAS BEEN MY COMFORTER WHICH EVERY GRUELING TRIAL. I ALWAYS KEEP TWO COPIES, I'VE BEEN ABLE TO SHARE WITH THOSE WHO SUFFERING DEEP IN THEIR SOUL AND GIVES YOU INSIGHT AND IT'S GOD ASSURING ME HE IS THERE!!! PLEASE IF YOU NEED TO HEAR THAT IT'S OKAY NOT TO BE OKAY, THIS BOOK IS FOR YOU AND PROBABLY MOST, THE TRUTH ISN'T EASY BUT IT WILL SET YOU FREE!

I have purchased many copies of this phenomenal book over the years, and given as gifts to friends and family. Every single page has a profound message for the reader that provides a shift of perception, and nearly instant clarity on a variety of subjects, allowing one to feel better right away. It's like having a great Therapist at the moment you need one. This Devotional provides profound

spiritually based answers to just about any situation or circumstance we humans face.

I have had this book for 15 years, and had to replace it a few times to wearing it out. I have turned to it ongoing when needed for perspective, and a different way of looking at things. It has helped me through tough times, and reinforced growth. Applying the devotions and really doing them has helped me transform my life on many levels at many times over the years. I have given this as a gift over and over. The electronic version is great to have on my tablet. If you are looking for a non-sense book that calls you on your own stuff, yet offers inspiration... this is one to consider.

Finally invested in the ebook so I don't have to carry book while traveling. I've been reading book for over 15 years. It's a security piece for me. Opened book for advice many times and got the answer I needed at the time.

Oh my! I don't know where to begin! This book has had such an impact on my life and the way that I live it. I am in the process of changing careers and sometimes I feel like a newborn horse wobbling while I walk. The passages continue to inspire and affirm. This is a must read!

after going through a deep depression and being lost, this book really has helped me through a lot. Not only does Iyanla make you think about how God views you but, also how you should view yourself. I have experienced such growth and spiritual guidance, I will forever devoted to maintaining my spiritual compassion. AWESOME READ!

This is one of the best daily devotionals for everyday circumstances. Ms. Vanzant makes you think about yourself and the world in a different light, to have a positive image and verve, that no matter what comes, one must prevail and give thanks for getting through. Whatever God is to a person, He is always there to protect if one trusts in His eternal divinity. She is a true inspirational master.

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